

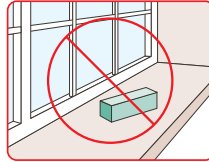
With an Aid (Mydupi)

# How to Use **DUPIXENT**

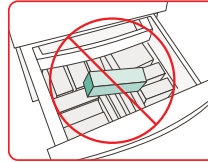
Supervised by Director, Igarashi Dermatology Higashigotanda **Dr. Atsuyuki Igarashi**

## 1 Storing **DUPIXENT**

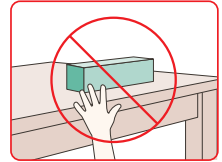
- ✓ Store the Syringes **immediately put the whole carton in the refrigerator** at 2-8°C.
- ✓ Do not store the Syringes near the cold air vents in the chilled compartment, vegetable compartment, or refrigerator compartment, because it may be frozen.



Do not put the Syringes into high temperature or direct sunlight.



Do not put the Syringes in the freezer.



Keep out of the reach of children.

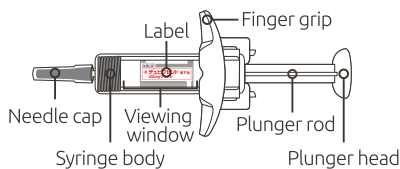
**▲ Note** • Do not shake, heat, or freeze the Syringes.

## 2 Prepare for Injection

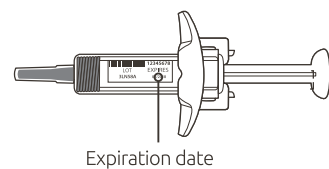
- ✓ Take the carton out of the refrigerator.
- ✓ Remove the Syringe from the carton by holding the Syringe body. Check the front side of the label to **make sure it is "DUPIXENT®300 mg solution for Injection in pre-filled Syringe"**.
- ✓ Check the back side of the label to **make sure the expiration date has not passed**.
- ✓ Check **the liquid is colorless to pale yellow and clear** through the viewing window.
- ✓ Lay the syringe on a flat surface and let it naturally warm to room temperature for **at least 45 minutes** before use.



Front side of the label



Back side of the label



- ▲ Note**
- Do not use the Syringes if the expiration date has passed.
  - Do not use the Syringes if it has been dropped on a hard surface or damaged, or if the needle cap is missing or not securely attached.
  - Do not use the Syringes if the liquid looks different from its original color (colorless or pale yellow) or is cloudy, or if it contains like particles, through the viewing window.
  - Do not leave the Syringes for a long time after removing it from refrigerator.
  - Do not remove the needle cap or touch the plunger until you are ready to inject.

### 3 Choose and clean your Injection Site

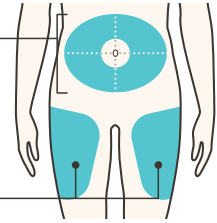
Choose the suitable sites for injection where are stomach except for around your belly button, or thigh (see the figure on the right).

- Wash your hands with soap, wipe hands with clean towels, and clean the injection site with alcohol wipe.
- Let the skin dry before injecting.
- \* Alcohol wipes are not included in the carton.

Stomach except for around your belly button (navel)

Avoid 5 cm around your belly button

Thigh



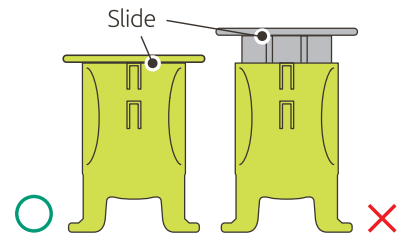
- ⚠ Note**
- Do not touch the injection site or blow on it after clean.
  - Do not inject through clothes.
  - Do not inject into skin that is tender, damaged, bruised, or scarred, and sites with severe symptoms of atopic dermatitis.
  - Choose a different site for each injection.
  - For stomach, choose a different site from the previous injection by dividing it into four areas; top, bottom, left, and right as shown in the figure above.

### 4 Check Aid

- ✓ The slide is in the right position (it is down to the position shown in the figure on the right).
- ✓ The aid is not damaged.

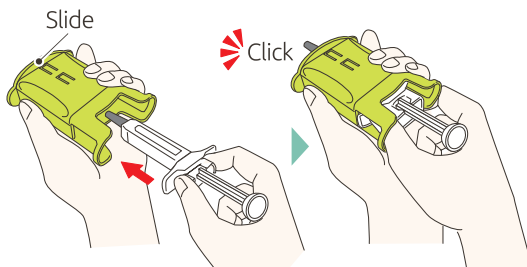
**⚠ Note**

- If there is any damage to the aid or a problem with its operation, stop using the aid, and contact your doctor.



\* The aid can only be used with 300 mg Syringe.

### 5 Place Syringe in the Aid

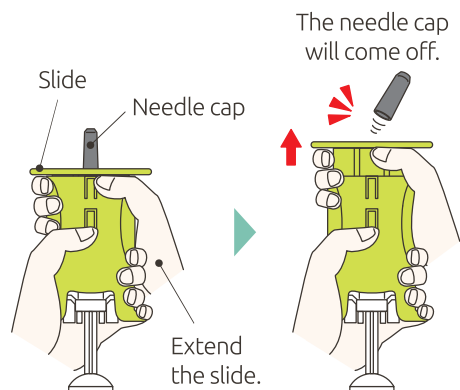


- Place the Syringe into the aid from the back steadily so that it makes a clicking sound.

**⚠ Note**

- Do not touch the slide of the aid.
- Do not hold the plungerrod.

### 6 Remove Needle Cap



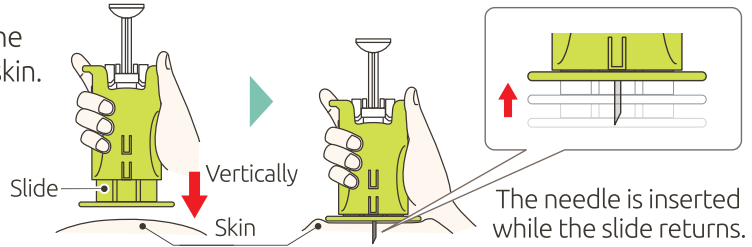
- Hold the aid with both hands and extend the slide to remove the needle cap.

## 7 Place Slide vertically on the Skin and insert Needle

- Hold the aid and insert the needle vertically into the skin.

### ⚠ Note

- Be careful because if you touch the slide, it will interfere with its movement.



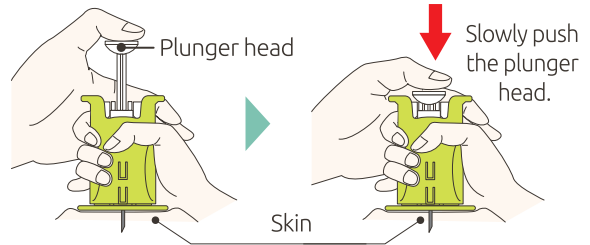
## 8 Inject Medicine

- Press the aid on the skin to fix.
- When fixed, push the plunger head down slowly with the hand not holding the aid.

### ✓ Push the plunger head down completely.

### ⚠ Note

- The liquid should be used up for one single injection. Do not re-use the Syringe.

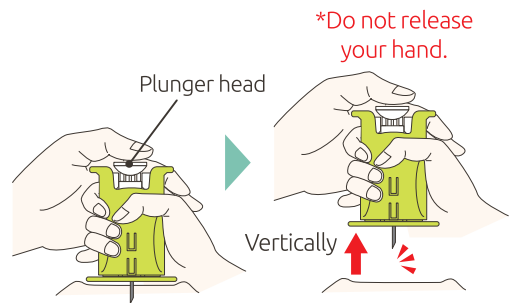


## 9 Pull Needle out while pressing Plunger Head

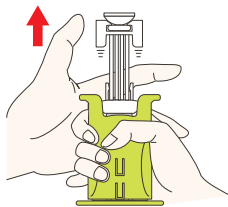
- After injecting the liquid, do not release your hand while pressing the plunger head, and pull the needle out together with aid.

### ⚠ Note

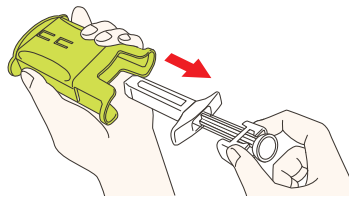
- Do not massage or rub the skin after the injection.
- Do not put the needle cap back on after the injection is completed.
- Do not re-use the Syringe.



## 10 Remove Syringe from the Aid



- The back of the Syringe will move upward when you release your hand from the plunger head.



- Hold the back of the Syringe to remove the Syringe from the aid. Throw away the Syringe.  
\*The aid can be used repeatedly.



How it looks after use

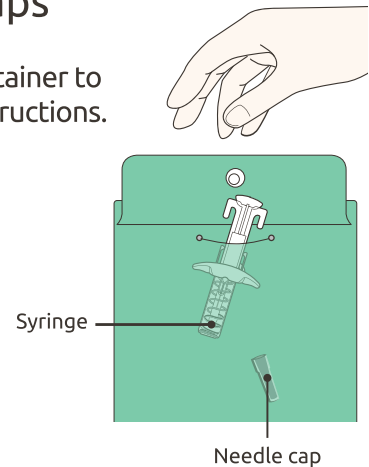
# Disposal method of Syringes

## 11 Throw away Syringes and Needle Caps

- Put your used Syringes, and needle caps in a disposal container to throw away as medical waste following your doctor's instructions.
- **Do not put the needle cap back on.**

### Note

- Put your used Syringes and needle caps in a disposal container right away after use (if you do not have a disposal container, use a hard container such as a bottle with a lid or can instead).
- Throw away used alcohol wipes as household waste following your community rules.
- Keep the disposal container out of the reach of children.
- Do not recycle the disposal container.



## ? Frequently asked questions

<b>Q1</b> I forgot to have an injection on a scheduled day. What should I do?	<b>A1</b> Please contact your doctor and follow his/her instructions.
<b>Q2</b> I have injected more than the dose that I was instructed. What should I do?	<b>A2</b> Please contact your doctor immediately and follow his/her instructions.
<b>Q3</b> Other medications were also prescribed with DUPIXENT® 300 mg pre-filled Syringes. Is it OK to use them?	<b>A3</b> Use the prescribed ointments, oral medications, and inhalers as instructed. Do not discontinue them at your own discretion.
<b>Q4</b> What time should I have an injection?	<b>A4</b> There are no specific rules of the injection time. Inject DUPIXENT® 300 mg pre-filled Syringes at a time convenient for you.
<b>Q5</b> I don't feel well. Can I still have an injection as scheduled?	<b>A5</b> Do not make your own judgment. Contact your doctor and follow his/her instructions.
<b>Q6</b> I have a trip or business trip on the scheduled injection date. What should I do?	<b>A6</b> When you know that you will be away overnights on injection scheduled day(s), please consult your doctor in advance.
<b>Q7</b> Injections hurt. Is there any way to relieve the pain?	<b>A7</b> When the liquid is too cold, you may feel more pain. Please allow the liquid to warm up to room temperature before injection. Remove the Syringe from the refrigerator at least 45 minutes before injecting. If the pain persists, please consult your doctor.